

FALL 2026 SCHEDULE (Nov. 16- Dec. 19)

		Sun	Mon	Tues	Wed	Thurs	Fri	Sat	
M o r n i n g	C l o s e d	6:00-1:00p Lap Swim	6:00-1:00p Lap Swim	6:00-1:00p Lap Swim	6:00-1:00p Lap Swim	6:00-1:00p Lap Swim	6:00-1:00p Lap Swim	10:00-1:00p Lap Swim 10:00-1:00p Family Swim/ Water Walk	
		6:00-8:00a Water Walk	6:00-1:00p Water Walk	6:00-8:00a Water Walk	6:00-1:00p Water Walk	6:00-1:00p Water Walk	6:00-8:00a Water Walk		
		6:10-7:00a DW Aerobics		6:10-7:00a DW Aerobics			6:10-7:00a DW Aerobics		
		8:10-9:00a SW Aerobics	8:10-9:00a DW Aerobics	8:10-9:00a SW Aerobics	8:10-9:00a DW Aerobics		8:10-9:00a SW Aerobics		
		9:00-10:00a Water Walk	9:00-10:00a Adult Lessons	9:00-10:00a Water Walk	9:00-10:00a Adult Lessons		9:00-10:00a Water Walk		
		9:10-10:00a DW Aerobics		9:10-10:00a DW Aerobics			9:10-10:00a DW Aerobics		
		10:10-11:00a SW Aerobics		10:10-11:00a SW Aerobics			10:10-11:00a SW Aerobics		
		11:00a-1:00p Family Swim/ Water Walk	11:00-1:00p Family Swim	11:00a-1:00p Family Swim/ Water Walk	11:00-1:00p Family Swim		11:00a-1:00p Family Swim/ Water Walk		
		POOL CLOSED 1:00-3:30P							C l o s e d
		NO EVENING LAP SWIM St. Helens Swim Team 3:30-5:00p							
3:30-5:00p Public Swim	3:30-5:00p Public Swim	3:30-5:00p Public Swim	3:30-5:00p Public Swim						
4:30-5:00p Parent/TOT		4:30-5:00p Parent/TOT							
Sea Lions Swim Team 5:00-6:30p									
5:00-7:00p Lessons	5:00-7:00p Lessons	5:00-7:00p Lessons	5:00-7:00p Lessons						
6:10-7:00p DW Aerobics	6:10-7:00p DW Aerobics	6:10-7:00p DW Aerobics	6:10-7:00p DW Aerobics						
Scappoose Swim Team 6:30-8:00p									

DW = Deep Water Aerobic Class

SW = Shallow Water Aerobic Class

Water Walk = No instructor

Family Swim = Adult Must be IN Water with child at all times

Public Swim = Children under 7 must be accompanied by an Adult IN Water at all times.